



GLUTEN FREE MENU

STARTERS

DIRTY BEAR FRIES	5.75
homemade queso roja, melting cheddar & smoked bacon	
CHICKEN LIVER PARFAIT GF with cranberry butter	5.95
GF CAESAR SALAD Classic homemade caesar salad dressing.	6.75
PRAWN COCKTAIL with homemade marie rose sauce	6.95
NACHOS GRANDE V queso roja, guacamole, salsa, sour cream.	7.25/13.95
NACHOS CARNITAS nachos grande with pulled pork, chorizo & nduja	7.95/14.95

DIRTY BEAR WING SAUCE PILGRIMAGE

Our wings are our biggest selling dish. We scoured the planet for over 20 years in search of the perfect wing sauce, & took over 8 years to develop the recipe. - Be warned, they are very addictive!

INCREDIBLE BUFFALO WINGS & BLUE CHEESE DIP	6.95
½ kilo of chicken wings	
HUGE PORTION OF BUFFALO WINGS	13.50
1 kilo portion	
BBQ WINGS	6.95/13.50

DIRTY BEAR GIANT BURGERS

All our giant burgers are made with 250g pure beef and are dressed with homemade roasted garlic mayo, lettuce, tomato & served in a gluten free bun with skin on fries and homemade coleslaw.

HOUSE BURGER	11.95
BACON & CHEESEBURGER	13.50
PULLED PORK BURGER	12.95
very slow cooked pulled pork in homemade bbq sauce topped with coleslaw	
COW MEETS PIG BURGER	16.95
house burger topped with pulled pork & BBQ sauce	

Whilst every effort is made to ensure our products are gluten free, we cannot guarantee 100% they have not come into contact with gluten

GLUTEN FREE MENU

FLAMING FAJITA FIESTA

CHOICE OF HOUSE MARINATED MEAT, ONIONS AND PEPPERS, ACCOMPANIED WITH TOMATILLA SALSA, GUACAMOLE, SOUR CREAM, CHEDDAR & ICEBERG.

VEGETARIAN V	15.50	CHICKEN	15.95
KING PRAWN	17.95	STEAK	17.95

HOUSE SPECIALS

BBQ ROTISSERIE WHOLE CHICKEN (POLLO A LA BRASA) 13.50

whole small rotisserie chicken cooked to order infused with our Peruvian rub, fries & homemade coleslaw

BBQ BABY BACK RIBS 17.95

Full rack of slow cooked through the night baby back ribs caramelized with homemade bbq sauce, coleslaw & skin on fries

WOOD FIRED ROAST SALMON 17.95

Salmon steak from our wood fired pizza oven, potato gratin & seasonal vegetables

HALLOUMI & ZUCCHINI ESPETADA V 15.50

Halloumi skewers with zucchini, cherry tomato, peppers, onions & mushrooms homemade tzatziki, salad and potato choice

CHICKEN & CHORIZO ESPETADA 15.50

Chicken pieces marinated in our homemade piri piri sauce served with with potato choice, salad and homemade tzatziki

HIMALAYAN SALT CHAMBER 28 DAY DRY AGED STEAK

WE HANG ALL OUR STEAKS IN OUR EXCLUSIVE HIMALAYAN SALT CHAMBER.

Served with caramelized onions, mushrooms & tomatoes, choice of potato & garlic butter.

SIRLOIN	250G	18.95	RIBEYE ON THE BONE	400G	23.95
FILLET	225G	26.95	T-BONE	400G	28.95

ICE CREAMS & SORBETS

STRAWBERRY PAVLOVA TOWER fresh strawberries, cream & ice cream. 5.95

CORNISH ICE CREAMS 4.50

strawberry, salted caramel, raspberry pavlova, honeycomb, chocolate, bubblegum, lemon sorbet.

Whilst every effort is made to ensure our products are gluten free, we cannot guarantee 100% they have not come into contact with gluten